



**SFAS**

SWISS FOOT AND ANKLE SOCIETY  
SCHWEIZERISCHE GESELLSCHAFT FÜR CHIRURGIE UND MEDIZIN DES FUSSES  
SOCIÉTÉ SUISSE DE CHIRURGIE ET MÉDECINE DU PIED

## **Annual Swiss Foot and Ankle Society Symposium 2023**

Topics: Pathologies of the Achilles tendon  
Sports injury in daily practices

SFAS-Symposium and SFAS General Assembly on  
1<sup>st</sup> September 2023 at Saal Grenette, Fribourg  
8:30-17:30





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| <b>Time</b> | <b>Program</b>  | <b>Faculty</b>   |
|-------------|---|--|
| 8:30        | <i>Registration</i>   |  |
| 9:00        | <i>Welcome by congress committee and SFAS President</i>   | <i>Dr. A. Seidel/Prof. Dr.F. Krause</i>                |
|             | <b><i>Sports Injuries in daily practice</i></b>   |  |
|             | <i>Moderation:</i>  | <i>Prof. Dr. Krause/<br/>Prof. Dr. V. Valderrabano</i> |
| 9:15        | <i>Which mechanism of injury leads to an ankle sprain and which to an ankle fracture? The anatomy and pathophysiology</i> | <i>Prof. Dr. V. Valderrabano</i>                       |
| 9:35        | <i>The lateral ankle sprain: treatment to prevent chronic instability?</i>  | <i>Dr. V. Dubois -Ferrière</i>                         |
| 9:55        | <i>The medial ankle sprain: a rare injury?</i>  | <i>Prof. Dr. M. Knupp</i>                              |
| 10:15       | <i>Coffee break and commercial exhibition</i>   |  |
| 10:45       | <i>The high ankle sprain: diagnosis and treatment</i>   | <i>PD Dr. N. Espinosa</i>                              |
| 11:05       | <i>How should we treat chronic ankle instability?</i>   | <i>PD Dr. S. Wirth</i>                                 |
| 11.25       | <i>Chronic instability of the syndesmosis</i>   | <i>Prof. Dr. S. Rammelt</i>                            |
| 12:00       | <i>Lunch break and commercial exhibition</i>  |  |
| 12:50       | <i>General Assembly</i>   | <i>Prof. Dr. F. Krause</i>                             |
| 13:50       | <i>Prevention of sport injuries in recreational athletes</i>  | <i>Prof. Dr. Th. Lustenberger</i>                      |
| 14:10       | <i>Swiss female Orthopaedics session: Do woman prefer foot and ankle surgery compared to other specialties</i>            | <i>Dr. N. Habib</i>                                    |



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| <b>Time</b>  | <b>Program</b>  | <b>Faculty</b>                               |
|--------------|---|--|
|              | <b><i>Achilles tendon pathology</i></b>   |  |
|              | <i>Moderation:</i>  | <i>Dr. A. Seidel/<br/>PD Dr. N. Espinosa</i> |
| <i>14:30</i> | <i>Do we always need an MRI?<br/>Imaging of the Achilles tendon</i>   | <i>Dr. J. Galley</i>                         |
| <i>14:50</i> | <i>Pathophysiology of the mid-substance<br/>Achilles tendinitis</i>   | <i>Dr. L. Iselin</i>                         |
| <i>15:10</i> | <i>Non-operative treatment of the mid-substance<br/>Achilles tendinitis</i>   | <i>PD Dr. N. Krähenbühl</i>                  |
| <i>15:30</i> | <i>Coffee break and commercial exhibition</i>   |  |
| <i>16:00</i> | <i>Minimal-invasive versus open treatment<br/>of the mid- substance Achilles tendinitis</i>                             | <i>Prof. Dr. Crevoisier</i>                  |
| <i>16:20</i> | <i>Pathophysiology of the insertional Achilles tendinitis</i>   | <i>PD Dr. H. Anwander</i>                    |
| <i>16.40</i> | <i>Role of the non-operative treatment of insertional<br/>Achilles tendinosis</i>                                       | <i>PD Dr. A. Töpfer</i>                      |
| <i>17.00</i> | <i>Operative treatment of the insertional Achilles tendinitis:<br/>calcaneum osteotomy vs debridement / reinsertion</i> | <i>Dr. L. Drittenbass</i>                    |
| <i>17.20</i> | <i>Farewell</i>   |  |



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## Faculty

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- *Helen Anwander* *Inselspital Bern*
- *Xavier Crevoisier* *Centre du pied Fribourg*
- *Victor Dubois-Ferrière* *Centre Assal*
- *Lisca Drittenbass* *Centre Assal*
- *Norman Espinosa* *FussInstitut Zürich*
- *Julien Galley* *Hôpital Fribourgeois*
- *Nermine Habib* *Hôpital Fribourgeois*
- *Lukas Iselin* *Hirslanden Klinik Luzern*
- *Markus Knupp* *Mein Fusszentrum Basel*
- *Fabian Krause* *Orthopädie Sonnenhof*
- *Nicola Krähenbühl* *Universitätsspital Basel*
- *Thomas Lustenberger* *Inselspital Bern*
- *Stefan Rammelt* *Uniklinikum Dresden*
- *Angela Seidel* *Hôpital Fribourgeois*
- *Andreas Töpfer* *Kantonsspital St. Gallen*
- *Victor Valderrabano* *Swiss Ortho Center*
- *Stephan Wirth* *Universitätsklinik Balgrist*



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## Information

### Organisation

Chairman:

Dr. med. Angela Seidel, Kantonsspital Fribourg

### Location

Saal Grenette

Place de Notre-Dame 4

1700 Fribourg

Public parking on site

Train station 15 minutes walk away, by Bus 2 minutes away

### CME Credits

Swiss orthopaedics: 8

### Course Fee

SFAS Member CHF 100

Non-Member CHF 150

Resident/Physiotherapist CHF 80

### Registration

Online registration [www.sfas.ch](http://www.sfas.ch)

### Information

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